

Ways To Educate Yourself On

ANTIRACISM, PRIVILEGE & SYSTEMIC RACIAL INEQUALITY



Watch

The Skin We're in Mini Documentary

[WATCH NOW](#)

How to Build an Antiracist World - Ibram X. Kendi | | TED2020

[WATCH NOW](#)

CNN/Sesame Street Townhall **Parents and Kids can watch together******

CNN's Van Jones and Erica Hill partner with "Sesame Street" for Coming Together: Standing Up to Racism, a town hall for kids and families. Watch the town hall in its entirety below:

[WATCH NOW](#)



Listen

Brené Brown with Ibram X. Kendi on How to Be an Antiracist

[LISTEN NOW](#)

Other Podcasts

Code Switch – NPR

1619 - The New York Times

Pod Save the People - Crooked Media



Reading List:

How to Be an Antiracist

Ibram X. Kendi ***Podcast and TEDTalk links above***

Antiracism is a transformative concept that reorients and reenergizes the conversation about racism - and, even more fundamentally, points us toward liberating new ways of thinking about ourselves and each other. At its core, racism is a powerful system that creates false hierarchies of human value; its warped logic extends beyond race, from the way we regard people of different ethnicities or skin colors to the way we treat people of different sexes, gender identities, and body types. Racism intersects with class and culture and geography and even changes the way we see and value ourselves.

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Stamped from the Beginning: The Definitive History of Racist Ideas in America

Ibram X. Kendi

Some Americans cling desperately to the myth that we are living in a post-racial society, that the election of the first Black president spelled the doom of racism. In fact, racist thought is alive and well in America-- more sophisticated and more insidious than ever. And as award-winning historian Ibram X. Kendi argues in *Stamped from the Beginning*, if we have any hope of grappling with this stark reality, we must first understand how racist ideas were developed, disseminated, and enshrined in American society.

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Between the World and Me

Ta-Nehisi Coates

In a profound work that pivots from the biggest questions about American history and ideals to the most intimate concerns of a father for his son, Ta-Nehisi Coates offers a powerful new framework for understanding our nation's history and current crisis. Americans have built an empire on the idea of "race," a falsehood that damages us all but falls most heavily on the bodies of black women and men—bodies exploited through slavery and segregation, and, today, threatened, locked up, and murdered out of all proportion. What is it like to inhabit a black body and find a way to live within it? And how can we all honestly reckon with this fraught history and free ourselves from its burden?

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Waking up White

Debby Irving

Waking Up White is the book Irving wishes someone had handed her decades ago. By sharing her sometimes cringe-worthy struggle to understand racism and racial tensions, she offers a fresh perspective on bias, stereotypes, manners, and tolerance. As Irving unpacks her own long-held beliefs about colorblindness, being a good person, and wanting to help people of color, she reveals how each of these well-intentioned mindsets actually perpetuated her ill-conceived ideas about race

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White Fragility

Robin DiAngelo

In this “vital, necessary, and beautiful book” (Michael Eric Dyson), antiracist educator Robin DiAngelo deftly illuminates the phenomenon of white fragility and “allows us to understand racism as a practice not restricted to ‘bad people’

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I'm Still Here: Black Dignity in a World Made for Whiteness

Austin Channing Brown (Memoir)

Austin Channing Brown's first encounter with a racialized America came at age seven, when she discovered her parents named her Austin to deceive future employers into thinking she was a white man. Growing up in majority-white schools and churches, Austin writes, “I had to learn what it means to love blackness,” a journey that led to a lifetime spent navigating America's racial divide as a writer, speaker, and expert helping organizations practice genuine inclusion.

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Me and White Supremacy

Layla F Saad

This eye-opening book challenges you to do the essential work of unpacking your biases, and helps white people take action and dismantle the privilege within themselves so that you can stop (often unconsciously) inflicting damage on people of color, and in turn, help other white people do better, too.

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Canadian Perspective

The Skin We Are In

Desmond Cole (Toronto Area Memoir) ****CBC Mini Documentary link above****

A bracing, provocative, and perspective-shifting book from one of Canada's most celebrated and uncompromising writers, Desmond Cole. The Skin We're In will spark a national conversation, influence policy, and inspire activists.

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Until we are Free

Editors: Rodney Diverlus, Sandy Hudson, Syrus Marcus Ware

Until We Are Free contains some of the very best writing on the hottest issues facing the Black community in Canada. It describes the latest developments in Canadian Black activism, organizing efforts through the use of social media, Black-Indigenous alliances, and more.

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Policing Black Lives

Robyn Maynard

Delving behind Canada's veneer of multiculturalism and tolerance, Policing Black Lives traces the violent realities of anti-blackness from the slave ships to prisons, classrooms, and beyond. Robyn Maynard provides listeners with the first comprehensive account of nearly 400 years of state-sanctioned surveillance, criminalization, and punishment of black lives in Canada.

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Family Friendly Reading List:

This Book Is Anti-Racist

Tiffany Jewell (20 Lessons on How to Wake Up, Take Action, and Do the Work)

This book is written for EVERYONE who lives in this racialized society—including the young person who doesn't know how to speak up to the racist adults in their life, the kid who has lost themself at times trying to fit into the dominant culture, the children who have been harmed (physically and emotionally) because no one stood up for them or they couldn't stand up for themselves, and also for their families, teachers, and administrators.

[VIEW BOOK](#)

Raising White Kids

Jennifer Harvey

Living in a racially unjust and deeply segregated nation creates unique conundrums for white children that begin early in life and impact development in powerful ways. Raising White Kids offers age-appropriate insights for teaching children how to address racism when they encounter it and tackles tough questions about how to help white kids be mindful of racial relations while understanding their own identity and the role they can play for justice.

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Reading List for Kids:

Parker Looks Up

Parker Curry & Jessica Curry

[VIEW BOOK](#)

Don't Touch My Hair

Sharee Miller

[VIEW BOOK](#)

The Name Jar

Yangsook Choi

[VIEW BOOK](#)

Say Something

Peter H. Reynolds

[VIEW BOOK](#)

Antiracist Baby

Ibram X. Kendi

[VIEW BOOK](#)



Films & TV

****Important Note**** Please use this list as a reference point and decide for yourself if these movies are for you before watching. Many of the films listed below contain graphic content due to the nature of the subject matter.

- When They See Us - Ava Duvernay
- 13th - Ava Duvernay
- I am Not Your Negro - Raoul Peck
- Do the Right Thing
- Malcolm X
- Fruitvale Station
- Selma
- 13th (Netflix doc)
- I Am Not Your Negro (doc)
- Moonlight
- BlackKkKlansman
- If Beale Street Could Talk
- Queen & Slim
- When They See Us (Netflix miniseries)
- Time: The Kalief Browder Story (Netflix docuseries)



Websites

Other Websites with lists of resources filled with ways to educate yourself, petitions to sign, places to donate to and places to call/email:

- <https://lectureinprogress.com/journal/resources-for-supporting-black-lives-matter-movement> (US)
- <https://www.adhoc.fm/post/black-lives-matter-resources-and-funds/> (US)
- <https://docs.google.com/document/d/1-0KC83vYfVQ-2freQveH43PWxub2uWDEGolzrNolks/mobilebasic#h.28ybn38q6jee> (US)
- <https://indie88.com/7-places-you-can-donate-to-in-support-of-the-black-lives-matter-movement/> (Toronto/Canada based)
- [https://fashionmagazine.com/culture/black-community-organizations-canada-donate/\(Canada\)](https://fashionmagazine.com/culture/black-community-organizations-canada-donate/(Canada))
- [https://urbanalliance.ca/resource-list/\(Canada\)](https://urbanalliance.ca/resource-list/(Canada))
- <https://www.independent.co.uk/life-style/black-lives-matter-charity-donate-uk-stephen-lawrence-stop-hate-a9544786.html> (UK)