

# BLACK HISTORY MONTH

## GENERATIONS BUILDING GENERATIONS

FRIDAY, FEBRUARY 7, 2025  
8:00AM- 1:00 PM  
@AJAX CONVENTION CENTRE



**Celina Caesar-Chavannes** is a dynamic leader with an impressive track record across business, politics, and advocacy. Currently completing her PhD in Neuroscience, Celina's research focuses on how cognitive and emotional processes intersect to influence leadership, decision-making, and self-actualization. She translates these insights into practical strategies for Cognitive Optimized Inclusive Leadership (COIL) - a program she designed to help individuals and organizations harness the power of their brain for authentic leadership, fostering deeper self-awareness, well-being, and transformation. Her leadership programs emphasize the importance of integrating neuroscience into leadership development to build more inclusive, empathetic, and effective leaders.



Celina's political career includes serving as a Member of Parliament for Whitby, where she held prominent roles such as Parliamentary Secretary to Prime Minister Justin Trudeau and the Minister of International Development. Her advocacy for mental health, equity, and social justice earned her recognition from publications like O Magazine and Chatelaine. Her educational background includes an Executive MBA from the Rotman School of Management, an MBA in Healthcare Management, and a Bachelor of Science in Human Biology. She is a certified health and meditation coach, and before entering politics, Celina founded Resolve Research Solutions Inc., a research consulting firm focused on enhancing the lives of individuals with neurological conditions.

Her best-selling memoir *Can You Hear Me Now?*, published by Random House Canada, along with her contributions to various publications, underscores her expertise in leadership, diversity, and social change. Celina has spoken on global platforms, including the United Nations and Harvard University, sharing her insights on neuroscience, leadership, and social justice.

She is a recipient of numerous accolades, including Chatelaine Woman of the Year and the Mental Health Parliamentarian Award.